WELCOME TO BROAD STREET CHIROPRACTIC

We thank you for choosing **Broad Street Chiropractic** for your health care needs. We offer state of the art chiropractic care with many other complimentary therapies.

It is important that we know how you heard about our office. Please take a moment and indicate how you heard about our office by <u>putting a check mark in the appropriate box</u>. If more than one choice applies please put a check mark by all that apply. Thank you.

☐ <u>Referred by</u> : P	lease indicate who you were referred by. [Institute of the information of the informatio
	☐ Doctor, Chiropractor or Health Care Practitioner : Please write their full name so we may thank them for referring
	Jou
☐ <u>Managed Care</u>	Plan: Broad Street Chiropractic, or it's doctors, are listed on your managed care plan.
☐ <u>Yellow Pages</u> : 1	Please indicate which phone book you were using: \[Durham Verizon; \[Durham/Chapel Hill Talking Phone Book, \] \[Bellsouth-The Real Yellow Pages \]
☐ <u>Internet</u> : Please	indicate which website you were using: ☐ Google, ☐ Verizon Superpages, ☐ Yahoo!, ☐ City Search, or ☐ other
☐ <u>Sign</u> : You saw ou	r sign on the front of the building.
☐ <u>Publication</u> : Ple	ease write which publication you saw our ad in:
☐ <u>Other</u> : Please wr	ite how you heard of us if it was not listed above:
Your signature	& Date

CHIROPRACTIC TREATMENT AND ITS RISKS

Nature of Chiropractic Treatment

Prior to beginning treatment, you will be given a physical examination that can include taking vital signs, range of motion testing, muscle strength testing, palpation, orthopedic testing, neurological testing and possibly X-rays. Once your condition has been diagnosed, usually the primary method of treatment is spinal manipulation, also know as spinal adjustment. An adjustment is a quick, precise movement of the spine over a very short distance. Adjustments are usually performed by hand but may be performed by hand guided mechanical instruments. In addition to spinal manipulation, treatment can also involve other forms of therapy including ultrasound, electrical stimulation, deep muscle/ligament massage, cervical or lumbar traction, intersegmental traction (rollerbed), hot and cold packs, dry water massage (hydrobed), exercise/stretches, applied kinesiology, acupressure, acupuncture and nutritional supplements.

Risks of Chiropractic Treatment

All health care procedures carry some degree of risk. The most common side effect of spinal manipulation is short-term soreness. More serious side effects can include bone fractures (due to advanced osteoporosis or bone pathology), muscle strain or ligament sprain (inflammation of soft tissue including muscle, tendon, ligament ,disc), injury to nerves or spinal cord and joint dislocation. Some manipulations of the upper spine have been associated with injury to the arteries in the neck, which could cause or contribute to stroke. However, documented cases are exceedingly rare, and it has been estimated by researchers that the probability of a spinal adjustment causing a stroke is one in several million.

As for chiropractic therapies other than spinal manipulation, the risks are also very slight but can include skin irritation or burns from hot / cold therapy or ultrasound. Occasionally acupuncture may cause mild bruising. Care needs to be taken to insert needles shallow in areas that could be potentially injured to deeper needling. Compared to other forms of health care, chiropractic is extremely safe, and complications are generally rare.

Treatment Options Other Than Chiropractic

Other treatment options for your condition may include:

Self administered, over-the-counter analgesics;

Medical care and prescription drugs such as muscle relaxers, pain killers and drugs to reduce inflammation;

Surgery:

Remaining untreated.

If you decide to pursue other treatment options, you should discuss the risks and benefits with your medical physician. Not receiving chiropractic care and remaining untreated carries its own risk and may allow the formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce mobility and induce chronic pain cycles.

Unusual Risks

Patient initials:

If your pre-treatment examination reveals any health issues that would make some forms of chiropractic treatment inadvisable or contra-indicated, Dr. Washington will explain the risks to you and answer any questions you may have.

you and answer any questions you may have.	•	

CONSENT TO CHIROPRACTIC TREATMENT

Dear patient,

Recent guidelines by the North Carolina Board of Chiropractic Examiners require your chiropractic physician to formally explain the treatment being recommended, to inform you of the unusual risks associated with treatment, to explain other treatment options and to answer any questions you may have regarding treatment. You may have been given reading material pertaining to these topics, but your doctor will also discuss them with you in person. Please do not sign this form until you are satisfied that you have received sufficient information to enable you to give your informed consent to treatment.

Note: if the patient is a minor or legally incompetent adult, consent should be given by the patient's parent or legal guardian.

The recommended chiropractic treatment plan has been explained to me, along with any associated risk with chiropractic treatment and other treatment options. I have discussed this with Dr. Washington and my questions have been answered to my satisfaction. No guarantees have been made to me regarding treatment outcomes. I have weighed the risks involved and have decided that it is in my best interest to undergo the treatment recommended. I hereby give my consent to chiropractic treatment.

[If the patient is a compet	ent adult, complete this section.]	
Patient name (please prin	t):	
Patient signature:		
[If the patient is a minor of	or legally incompetent adult, comp	plete this section.]
Patient name (please prin	t):	
Patient age:		V .
Person authorized to sign:	for patient (please print):	
Relationship to patient:		
Signature of authorized pe	rson:	Date :

BROAD STREET CHIROPRACTIC

Broad Street Chiropractic is required by law and in compliance with HIPAA to maintain the confidentiality of your protected health information and to provide patients with notice of privacy practices with respect to health records.

We may disclose health care information to other healthcare professionals within our practice for the purpose of treatment and healthcare. It is our policy to provide another healthcare provider for your treatment during our absence.

We may disclose your health information to your insurance company for the purpose of payment. As a courtesy, we will submit an itemized statement to your insurance company for the purpose of payment for services rendered. These itemized statements include diagnosis, date of injury or condition, codes describing services rendered and charges.

Health information for patients treated under Worker's Compensation may be disclosed as necessary to comply with State Worker's Compensation Laws.

We may disclose health information to another healthcare provided in response to your referral to or from our office.

We may contact you by mail to provide appointment reminders or information about treatment, alternate treatment or other health benefits, birthday cards, holiday cards, periodic announcements and services that may be of interest to you.

In emergencies, we may disclose your health information to notify or assist in notifying a family member or other individual responsible for your care.

As required by law, we may release health information to public health authorities for purposes of preventing or controlling disease, injury or disability, reporting child abuse or neglect, domestic violence and reporting disease or infection exposure.

We may disclose your health information in the course of any administrative or judicial proceeding, law enforcement official, complying with a court order or subpoena or other law enforcement purposes.

As a courtesy, we may call your home or leave a message, stating your next appointment date and time or missed appointments. No personal health information will be disclosed.

You have the right to request restrictions on certain uses and disclosures of your health information. If you have such a request, please notify Broad Street Chiropractic immediately with the restrictions.

You have the right to inspect and receive a copy of your health information. Further, you have a right to request that Broad Street Chiropractic amend your health information but they are not required to agree to amend it. If your request is denied, you will be given an explanation of denial reasons and how you can disagree with the denial.

You have a right to receive an accounting of disclosures of your health information made by Broad Street Chiropractic.

Broad Street Chiropractic is required by law to maintain the privacy of your health information. If you have any questions regarding this notice, you may contact the Privacy Officer by calling (919) 286-9430. If you need to make an appointment with the Privacy Officer you may do so by telephone or in person. If you are not satisfied with the way your complaint is handled, you may request the address to file a formal complaint.

We must disclose your health information to DHHS as necessary for them to determine our compliance with HIPAA standards.

Broad Street Chiropractic retains the rights to add, remove or alter this agreement as deemed necessary. Any such changes will be posted in the physical premises of Broad Street Chiropractic and shall be retroactively effective to the date of original signature.

I have read the Privacy Notice and understand my rights contained in the notice. I provide Broad Street Chiropractic with my authorization and consent to use my protected Health care information for the purposes of treatment, payment and health care operations as described in the Privacy Notice. Patient's Name (printed) Date Patient's Signature Date Authorized Office Signature I authorize release of any medical information or other information necessary to process any claim. Date Patient/Authorized Person Further, I authorize payment of medical benefits for services rendered be made payable to Edward H. Washington, Jr. DC / Broad Street Chiropractic.

Date

Patient/Authorized Person

DOCTOR'S LIEN

10: Attorney/Insurance Carrier	Doctor
	Dr. Edward H. Washington, Jr.
	P.O. Box 2172
	Durham, NC 27702
RE: Patient records and doctor's lien	
rier, with a full report of his case	to furnish you, my attorney/insurance car- history, examination, diagnosis, treatment, my accident/illness which occurred/began
as a result of said accident/illness, insurance carrier, to pay directly to owing him for service rendered me,	any settlement, claim, judgment, or verdict and authorize and direct you, my attorney/ s said doctor such sums as may be due and and to withhold such sums from such settle- s may be necessary to protect said doctor
chiropractic bills submitted by him for ment is made solely for said doctor's his awaiting payment. And I further	and fully responsible to said doctor for all r service rendered me, and that this agree-additional protection and in consideration of understand that such payment is not continent, or verdict by which I may eventually
Dated: Pa	tient's signature:
ance carrier for the above patient do	cord or authorized representative of insur- es hereby acknowledge receipt of the above me to protect adequately said above named
	•
Dated: Authorize	d signature:
NOTICE: Please date, sign, and retur Keep one copy for your reco Reply envelope attached.	n one copy to doctor's office at once. rds.

Personal Injury

Personal Information: First Name:	Last Name	9:	Middle Initial:	
ddress:	1	City, State, Zip:		
Home Phone:	Work Phone:	Cell Ph	Cell Phone:	
Email (optional):		Social Security No		
Date of Birth:	Age:	Height:	Weight:	
Dominant Hand: □Right □	Left □Both			
Occupation:	Employer:	Emp	oyer's Address:	
Have you had to miss work du	e to the injury/onset? Yes			
If Yes , what dates?				
-lave you been contacted by a	an <i>Insurance Adjuster</i> regardin	g your claim?: Yes□ □No)	
If Yes : What is the name of your Insu	rance <i>Adjuster</i> ?	,and Company		
·				
What is vour Claim #?		Fax #		
	y to represent you in your Perso			
If Yes , who is your <i>Attorney</i> ?				
What is their Address?		, Phone #		
		Fax #		
If you have an attorney will the	ey be submitting your Med-Pay	claim or would you like us to su	bmit this for you?	
In the event of an Emergency,	whom should we notify?	Relation To Patient	Daytime Phone	
	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		·	
Please provide the rec	ceptionist with your Dr	iver's License so it ca	ın be photo cop	

Automobile Accident Description

Please answer the questions below. If you do not know the answer to any of the questions, do not answer that question.

Flease allswer are questions solon					
□Car □Station Wagon □Van □Pickup Truck □Large Truck □Bus □Rig	position in vehicle ver	☐Stopped ☐Making ☐Proceed	vas your vehicle I at intersection □S a right turn □N ling along □S	topped in traff laking a left tu lowing down	ic UStopped light
4. Time/Speed/Damage Date of Accident Time of accident AM or PM Your vehicle's speed:mph Their vehicle's speed:mph Damage to your vehicle	Who hit who/what? □You hit other veh	cident od icle	Point of impac □Head-On	ns at time of a ⊒Sandy □Dar t □Left Front	accident k
□Mild □Moderate □Totaled	□Other vehicle hit y You hit(object)		☐Rear-End	G Leit (Kali	
What was the direction of	npact? Yes \(\text{DNo} \) n? Yes \(\text{DNo} \) s on? Yes \(\text{DNo} \) oy? Yes \(\text{DNo} \) deploy? Yes \(\text{DNo} \) yes \(\text{DNo} \) eadrests? Yes \(\text{DNo} \) our headrest at time of the od \(\text{DEVen with bottom of the od } \)	of head □N mpact?			
8. Additional accident inform Please write a description of the a	tation ccident below if there are	any other	details that were no	t covered abo	ve.
Please Sign Name On	Each Page		& Г	Date	

9. During the accident: Did your body strike anything inside of your lf Yes, describe: Did you experience being dazed or disorient			
 Did you lose consciousness during the injur What is your vehicle's estimated damage? Damage to their vehicle: DMIId DModera Did police show up at the scene? Yes DM Was an accident report filled out? Yes DM 	y? Yes□ □No If ye ate □Totaled No	s, for how long?	
10. After the accident:			
Check off your symptoms immediately a	fter and a few day	s following the accident:	
□Headache □Dizziness	☐Mid back pain	□Cold hands	
□Neck pain □Nausea	□Low back pain	□Cold feet	
□Neck stiffness □Confusion	□Nervousness	□Diarrhea	
□Fainting □Fatigue	□Loss of taste	Depression	
□Fainting □Fatigue □Ringing in ears □Tension □Loss of smell □Irritability	☐Toe numbness	☐Chest Pain	
☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	UConstipation	uchest Pain	
Others:			
 Where did you go immediately following How did you get there? □Self □Some If you did not go to a hospital immediatel If YES, what date did you go?// What is the name and city of the hospital 	body else □Ambular y after the accident 	nce □Police :, did you go within a few days? Yes□□No	
V de O V De dis neste V ve	un dO	The V rays revealed:	
	yea :	The X-rays revealed:	
Lab work? Yes⊔⊔No What lab work? Treatments: □Cervical Collar □Ice Otl			
Medications:Follow-up instructions:			
1 onow-up instructions.			
12. Treatment History:			
Fill in any other doctor(s) seen regarding	the accident pric	or to your first visit to this office.	
1. Dr		First visit date:/	
Specialty:		X-rays done? Yes□□No	
Types of treatments received:			
How many treatments received?		Currently treating? Yes□□No	
Did treatments benefit you? Yes□□No	<u> </u>	Last visit date://	
2. Dr		First visit date://	
Specialty:		X-rays done? Yes□□No	
Types of treatments received:		Common the two ating? Va-DDN-	
How many treatments received?		Currently treating? Yes \(\subseteq \text{No}\)	
Did treatments benefit you? Yes□□No		Last visit date://	
Please Sign Name On Each Page		& Date	

 1 = "This area is not affected by my condition", 2 = "This area is slightly affected by my condition", 3 = "My condition moderately restricts my ability in this area", 4 = "My condition seriously limits my ability in this area", 5 = "My condition prevents me from using this ability"
Difficulties with Different Forms of <u>Communication</u> (Only fill in areas affected) Concentrating Hearing Listening Speaking Reading Writing Using a keyboard
Difficulties with the <u>Senses</u> (Only fill in areas affected) Seeing Hearing Sense of touch Sense of taste Sense of smell
Difficulties with <u>Hand Functions</u> (Only fill in areas affected) Grasping Holding Pinching Percussive movements Sensory discrimination
Difficulties with Sleep and Sexual Function (Only fill in areas affected) Being able to have normal restful nights sleep Being able to participate in desired sexual activity
Please write in below any other daily activities you are currently having difficulties with due to your accident:
Prior Symptom History
Prior Similar Symptoms I have NOT had prior symptoms similar to my current complaints. I my current complaints DID exist before, but had not been bothering me. I my current complaints ALREADY existed and were worsened.
My most recent prior similar symptoms (<u>if applicable</u>) occurred:□months ago / □years ago, OR on Date://
Has your History Contributed to your Current Symptoms? □My history HAS contributed to my current symptoms. □My history HAS NOT contributed to my current symptoms. □I 'm NOT SURE if my history has contributed to my current symptoms.
Please write in below any other symptoms or problems that you had BEFORE the accident that were not covered above:
· · · · · · · · · · · · · · · · · · ·
Thank you for your time and thoroughness in filling out these forms. It will assist us in meeting your health care needs.

& Date_

Please Sign Name On Each Page_____

Use the following 1 to 5 scale to describe the difficulties below (Only fill in AREAS AFFECTED):

Description of Symptoms

Describe only your WORST symptom, or chief complaint, on this page. Additional complaints can be entered on the following pages.

A) FIRST Current Symptom:

(Please check off the boxes in the sections below	w to describe your one WORST symptom.)
1. Check only ONE body location below Left Right Both Choose one: Usaw LU RU BU Usye LU RU BU Uheck LU RU BU	Indicate on the drawing below the location of your WORST complaint only
2. Types of pain Dull	6. Actions affecting this pain Brings On Aggravates Relieves
3. Pain Frequency □Up to 1/4 of awake time □1/4 to 1/2 of time □1/2 to 3/4 of awake time □Most all the time 4. Pain Intensity (How it affects daily activities) □Doesn't affect □Somewhat affects □Seriously affects □Prevents activities	□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □
5. Does this pain radiate into other body parts? Left Right Both Head	Coughing

Please Sign Name On Each Page_

a Other locations of radiation: & Date

Description of Symptoms

Describe only your **SECOND** symptom, or complaint, on this page. Additional complaints can be entered on the following pages.

B) **SECOND Current Symptom**:

(Please check off the boxes in the sections below to describe your SECOND symptom.)

1. Check only ONE body location below Left Right Both Choose one: UJaw LU RU BU UEye LU RU BU UNeck LU RU BU UUpper Back LU RU BU UMID Back LU RU BU UChest LU RU BU UDPER Arm LU RU BU UShoulder LU RU BU UShoulder LU RU BU UDPER Arm LU RU BU UDPER Arm LU RU BU UHIP LU	Indicate on the drawing below the location of your SECOND complaint only
2. Types of pain Dull	6. Actions affecting this pain Brings On Aggravates Relieves In the A.M.

Please Sign Name On Each Page & Date

□Foot □ □ □
Other locations of radiation:

□Leg

<u>Description of Symptoms</u>
Describe only your **THIRD** symptom, or complaint, on this page. Additional complaints can be entered on the following pages.

C) THIRD Current Symptom:

(Please check off the boxes in the sections below to describe your THIRD symptom.)

(France cheek of the boxes in the contains solor	To doodnoo your trimes oyniptomiy
1. Check only ONE body location below Left Right Both Choose one: Jaw LO RO BO Eye LO RO BO ONECK LO RO BO OMIT BOK LO RO BO OMIT BOK LO RO BO OLOW BACK LO RO BO OCHEST LO RO BO OCHES	Indicate on the drawing below the location of your THIRD complaint only
2. Types of pain Dull	6. Actions affecting this pain Brings On Aggravates Relieves Oin the A.M.
□Up to 1/4 of awake time □1/4 to 1/2 of time □1/2 to 3/4 of awake time □Most all the time 4. Pain Intensity (How it affects daily activities) □Doesn't affect □Somewhat affects □Seriously affects □Prevents activities 5. Does this pain radiate into other body parts? Left Right Both □Head □ □ □ □Neck □ □ □ □Shoulder □ □ □ □Arm □ □ □ □	Bending forward Bending back Bending left Bending right Twisting left Coughing Sheezing Straining Standing Sitting Cher Actions:
OHand O O O	

Please Sign Name On Each Page_

Other locations of radiation:

□Foot

& Date